# **Dietetics and Nutrition**

**Human Services** 

## **JOB OUTLOOK**

In recent years, interest in the role of food and nutrition in the promotion of health and preventing illness has skyrocketed. More dietetics and nutrition workers will be needed to support patients with various healthcare needs and to counsel people who are interested in improving their overall health. In addition, there will be demand for dietitians in grocery stores to help consumers make healthy food choices.



## **OCCUPATION PROFILE**

Workers in the Dietetics and Nurtition cluster assess and educate clients about healthy eating. These five careers are an integral part of the diet and nutrition industry. Dietitians/nutritionists evaluate and educate their clients/patients. Health educators, community health workers, and clinical exercise physiologists educate their clients about proper nutrition. Food service managers plan nutritious meals for patients and students in healthcare and school settings.

#### **DIETITIAN**

Median Salary: \$55,560

**2018 ESTIMATED EMPLOYMENT** 1,142

**2028 PROJECTED EMPLOYMENT**1,288

TOTAL EMPLOYMENT CHANGE 146

#### HEALTH EDUCATORS

Median Salary: \$44,640

**2018 ESTIMATED EMPLOYMENT**1,152

**2028 PROJECTED EMPLOYMENT** 1,343

TOTAL EMPLOYMENT CHANGE 191

# FOOD SERVICE MANAGERS

Median Salary: \$46,220

**2018 ESTIMATED EMPLOYMENT** 16,170

2028 PROJECTED EMPLOYMENT 18,717

TOTAL EMPLOYMENT CHANGE 2,547

# CLINICAL EXERCISE PHYSIOLOGIST

Median Salary: \$41,630

2018 ESTIMATED EMPLOYMENT 235

2028 PROJECTED EMPLOYMENT 251

TOTAL EMPLOYMENT
CHANGE
16

# COMMUNITY HEALTH WORKER

Median Salary: \$40,720

**2018 ESTIMATED EMPLOYMENT**859

**2028 PROJECTED EMPLOYMENT**1,080

TOTAL EMPLOYMENT CHANGE 221

## **PROGRAM OF STUDY PROFILE**

Dietetics and Nutrition is designed to prepare students for occupations that focus on nutritional well-being, such as dietitian or nutritional counselor. The course content covers the foundations of human needs, nutritional requirements and issues, nutrients and their relation to disease, and disease prevention.



### **STUDENT ENROLLMENT ANALYSIS**

	Introduction to Human Studies	Nutrition Across the Lifespan	Nutritio Science and Diet Therapy	Human Services Practicum
2017-18	7,494	4,441	1,732	276
2018-19	6,581	1,434	1,646	191
2019-20	6,449	3,304	1,437	256

### **CAREER PATHWAY**

Early & Middle Grade Opportunities

Career Exploration

#### Secondary Grade Opportunities

- Introduction to Human Studies
- Nutrition Across the Lifespan
   Nutrition Science and Diet
- Nutrition Science and Diet
- Human Services Pract
- CTSO
- Work-based Learning

# Postsecondary Opportunities

**Certificate:** Ferniessee Specific Industry Certification - Dietetics and Nutrition

**Associates Degree:** A.S. Exercise Science

A.S. Dietetic Technician **Bachelor's degree:** B.S. Nutrition a

#### **Career Opportunities**

- Dietitian
- Health Educators
- Food Service Managers
- Clinical Exercise Physiologist
   Community Health Worker