

Dietetics and Nutrition

Human Services

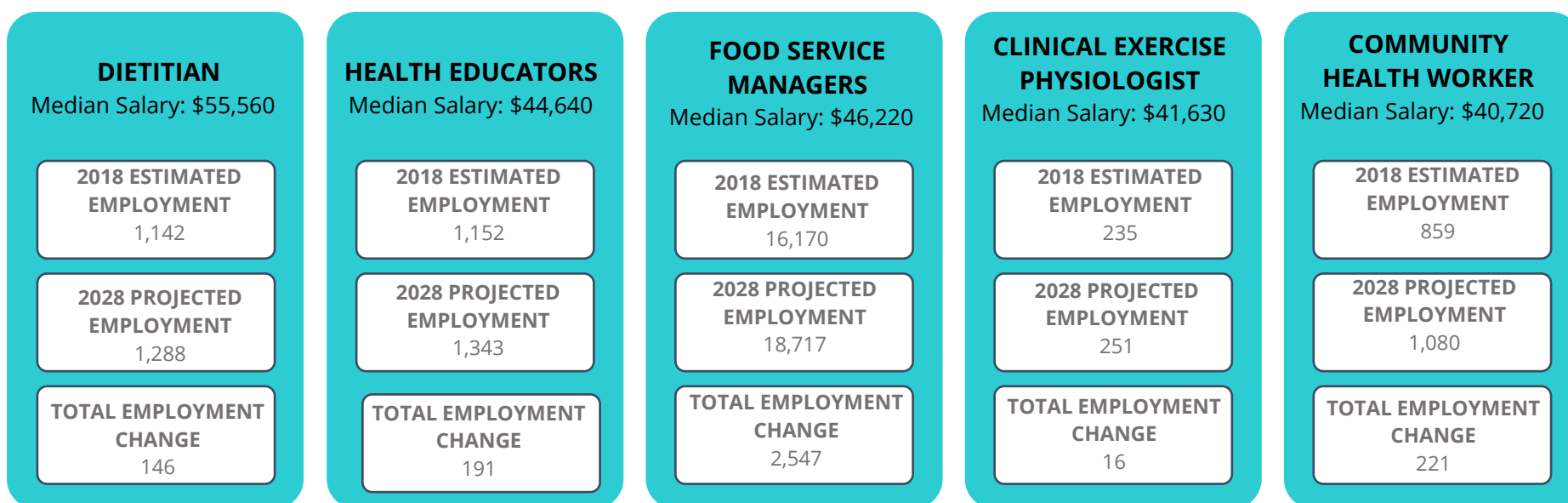
JOB OUTLOOK

In recent years, interest in the role of food and nutrition in the promotion of health and preventing illness has skyrocketed. More dietetics and nutrition workers will be needed to support patients with various healthcare needs and to counsel people who are interested in improving their overall health. In addition, there will be demand for dietitians in grocery stores to help consumers make healthy food choices.



OCCUPATION PROFILE

Workers in the Dietetics and Nutrition cluster assess and educate clients about healthy eating. These five careers are an integral part of the diet and nutrition industry. Dietitians/nutritionists evaluate and educate their clients/patients. Health educators, community health workers, and clinical exercise physiologists educate their clients about proper nutrition. Food service managers plan nutritious meals for patients and students in healthcare and school settings.



PROGRAM OF STUDY PROFILE

Dietetics and Nutrition is designed to prepare students for occupations that focus on nutritional well-being, such as dietitian or nutritional counselor. The course content covers the foundations of human needs, nutritional requirements and issues, nutrients and their relation to disease, and disease prevention.



STUDENT ENROLLMENT ANALYSIS

	Introduction to Human Studies	Nutrition Across the Lifespan	Nutrition Science and Diet Therapy	Human Services Practicum
2017-18	7,494	4,441	1,732	276
2018-19	6,581	1,434	1,646	191
2019-20	6,449	3,304	1,437	256

CAREER PATHWAY

